

Harvest Appeal



Support local people in crisis by donating an item from the list below

Items we'd be grateful for

- * Juice (long life)
- * Crackers/oatcakes
- * Potatoes (tinned or smash)
- * Milk UHT (blue or green)
- * Rice (1kg bags or microwave packs)
- * Deodorant (male and female)
- * Washing detergent (small, for carrying)
- * Washing up liquid (small for carrying)

Since the onset of COVID Highland Foodbank has continued to provide emergency food packages with enough food to make 3 meals for 3 days to people in crisis. Throughout 2020 we helped 8,267 people, who would have otherwise gone hungry.

People in crisis are referred to their local food bank by a variety of different agencies.

Food Bank is always a short term measure of help while more lasting solutions to the underlying issues are addressed.

'I lost my job just before the pandemic and had to apply for Universal Credit. At the start of the pandemic I was fortunate to get an extra £20 each week, but because I had got behind with my rent between losing my job and getting Universal Credit, more than £20 each week was deducted from my benefit to cover my rent arrears, leaving me short of money for food some months ...Cathy.'

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