



# PUT ON THE WHOLE ARMOUR OF GOD

Ephesians 6:10-20 (KJV)

Verse for 2020

**“Be strong in the Lord and in His mighty power”**

**Ephesians 6:10**

## **February 2020 Newsletter Culduthel Christian Centre**

*[www.culduthelchristiancentre.org](http://www.culduthelchristiancentre.org)*

### **Welcome to the Church at CCC**

We invite you to join our community and get involved as we explore our faith together. As you will see, there is a broad spectrum of activities and ministries. Along with our **CCC email & Facebook** updates, we aim to encourage communication between everyone at the Centre - not only helpful information but sharing what is going on in our lives.....

**We want to hear from you!**

**If you are new to CCC**, please complete a Welcome Registration Card available in the Church Foyer and give it to one of our Welcome Team/Elders; or you can sign up online at <http://culduthelchristiancentre.org/connect>

### **In this issue**

Pastor's Article	P.3	Mission News	P.24
Book Reviews	P.6	Useful Contacts	P.31
Family News	P.8	New Alpha Course	P.32

# SUNDAYS AT THE CHURCH @ CCC.....



**All Age Service at 11.00am**

with Kidzone and Creche

**Evening Service at 6.00pm**

Refreshments are served after services.  
Please do stay on for a cuppa and a chat.

## PRAYER MINISTRY

If you would like prayer for anything, either for yourself, a person you know, or about anything else, please go to the Lochardil Room after the service where a member of the prayer team will be available to pray with you.



**Our Children's Church & Creche leave the AM Service around 11.20am for their activities.**

## YOUTH FELLOWSHIP



**For S1-S6 age group every Sunday evening @7.45pm during term time.**

The YF meet at church folks' homes or the Centre. There is discussion, food & fellowship, finishing around 9.15pm. If you would like to come along, see

**Helen Moss**  
[yf@culduthelchristiancentre.org](mailto:yf@culduthelchristiancentre.org)

**Kidzone:**

**Under 7s: Church House  
Over 7s: Torbreck Room**

## Creche

This is held in the Holm Room. Little ones leave the Service at the same time as the older children. Please collect your child promptly after the Service to release carers from their duties.

Thank you.

## **Be strong in the Lord**

Our verse for the year is

“Be strong in the Lord and in his mighty power.” Ephesians 6:10

The way to be strong in the Lord is to pray with all kinds of prayers and requests with confidence that our Lord is more powerful than all the forces which stand against us.

At CCC we have been blessed by the extra time we gave to prayer recently over one week which culminated in 14 churches gathering on Sunday evening to pray for the city. We were strengthened by the experience of God’s powerful presence as we prayed together. When God’s people unite to pray for God’s kingdom to come and God’s will to be done in Inverness, we submit ourselves to God’s way of transforming a city. We also commit the year ahead to God. It was a powerful moment when we declared together the words of Ephesians 6:10-18 for the churches of Inverness. “Be strong in the Lord and in his mighty power...put on God’s armour and pray.”

The call to spend extra time in prayer during January is more than the good intentions of a New Year’s Resolution. As we move into February let us make the priority of prayer permanent. To encourage momentum, we will continue teaching on prayer throughout February and make prayer the focus for homegroup discussion and practical application.

As we begin a new Alpha Course; as we approach the closing date for the youth and children’s worker position; as we serve our community; as we seek the Lord’s wisdom in adding to our ministry teams; we know that we cannot go forward in our own strength. As an eldership we are aiming to meet weekly to pray for the church. Please pray that the Lord will guide us clearly into His will.

We have an enemy who is still very active seeking to oppose all of God’s good plans for us in 2020. So let us hold on to the truth that Christ has triumphed over the devil by the cross and that the accuser has no authority over us (Colossians 2:13-15). We who trust in the Lord know that the charge sheet is empty because God has forgiven all our sins. We need to combat the lies and deception with the truth of God’s Word.

Let’s consider what we can do practically to take hold of God’s promise of strength in prayer.

### **Remove distractions**

“When you pray, go into your room, close the door and pray to your Father, who is unseen.” Matthew 6:6

### **Realize God's resources**

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being so that Christ may dwell in your hearts through faith. And I pray that you may be rooted and established in love..." Ephesians 3:16-18

### **Recognise God's generosity**

'If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask Him!' Luke 11:13

### **Respond to God's invitation by faith**

"Come to me, all you who are weary and burdened and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30

### **Resist the devil**

"Put on the full armour of God so that when the day of evil comes, you may be able to stand your ground... and after that to stand." Ephesians 6:13

Whatever challenges we face in 2020, do not be deceived, do not despair. Be bold! Be strong! For the Lord our God is with us.

### **A prayer based on Psalm 90:**

"Lord you have been our dwelling place throughout all generations.  
Before the mountains were born or you brought forth the earth and  
and the world.

From everlasting to everlasting you are God.

We are weak but you are strong.

Lord we need your grace, wisdom and power and protection.

May the favour of the Lord our God rest upon us;

Establish the work of our hands for us

Yes, establish the work of our hands."

Pastor Alasdair



## TEACHING PLAN FOR FEBRUARY

### MORNING SERVICES

Sunday February 2  
**Knowing how to fight**  
 Ephesians 6:11, 13

Sunday February 9  
**The belt of truth and the breastplate of righteousness**  
 Ephesians 6:14

Sunday February 16  
**The gospel of peace**  
 Ephesians 6:15

Sunday February 23  
**The shield of faith**  
 Ephesians 6: 16

Sunday March 1  
**The helmet of salvation**  
 Ephesians 6:17

Sunday March 8  
**Communion**

### EVENING SERVICES

A new series started  
 on January 26:  
**Lord, teach us to pray**  
 and this will be the continuing  
 theme for evening services in  
 February.

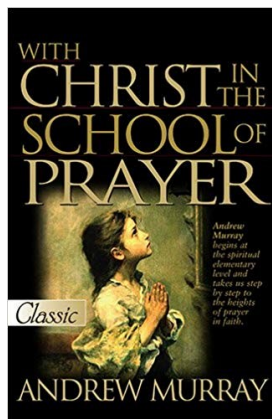
Sunday February 16  
**Communion**

**Christian Focus Publications**, a Christian publishing company based near Tain in the Highlands of Scotland, are looking for an Office Administrator to be part of our friendly team.

You should have a working knowledge of Microsoft Office, be well organised and possess good communication skills. You must be able to work well under your own initiative as well as being part of the existing team. Given that this is work is a ministry, a strong Christian faith is essential.

This post is office based and full-time (34.5 hours per week)

Some very well recommended, helpful and classic books on  
**Prayer:**



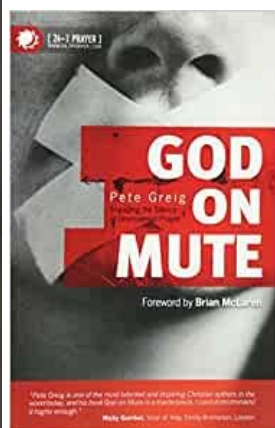
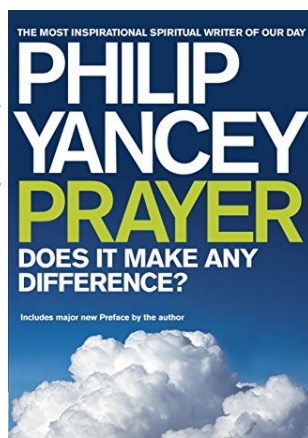
**With Christ in the School of Prayer:**  
 by Andrew Murray

(suggested by Dale & Marjorie Peterson)

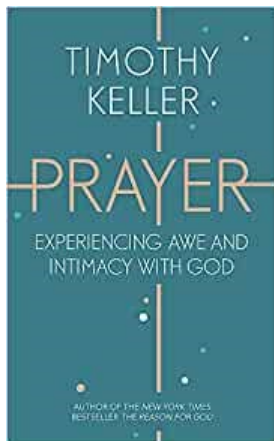
This is one of the most beloved books on prayer, written by a man whose entire life was devoted to prayer. **With Christ in the School of Prayer** presents a thirty-one day tutorial: each chapter presents a new aspect of prayer, in a concise way that is at the same time rich and joyful, coming from the author's vital relationship with God. A favourite book for generation after generation, it is as fresh today as when it was first published in the 1890s.

**Prayer: Does it make any difference?**  
 by Philip Yancey

'The author's quest to unravel the mysteries of prayer reads as the journal of a fellow traveller, questioning, challenging, lamenting the unexplainable and rejoicing in the discovery of awesome insights'.

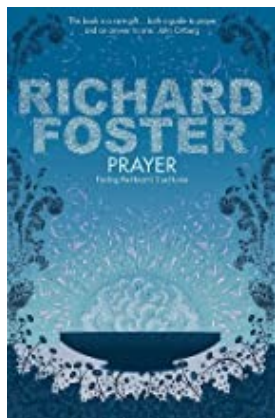


The Ladies Bible Study group have just watched the **How to Pray** series of videos with Pete Greig and found them very practical and helpful - as are these two books, **God on Mute** covering the difficult and sometimes bewildering question of unanswered prayer.



'Prayer is central to Christian faith—it is the way we experience deep change. Yet so many people struggle with prayer - a struggle the author himself has shared. A wise and inspiring book which is the fruit of the struggles, offering a real and glorious vision of what it can mean to seek God in prayer'.

'Somehow we have convinced ourselves that prayer is dry and difficult. We have invented religious 'systems' for prayer that a place it out of the reach of many. But this book shows us that God desires our prayer lives to be enjoyable and a natural as breathing'.



'A comprehensive, profound and immediately accessible book which opens the way for all to increase their understanding and develop their practice of prayer. Richard Foster explores the riches of the historical classics of prayers as well as his own personal experience and roots his teaching in scripture'.

All these books can be reviewed on [books.google.co.uk](https://books.google.co.uk), searching for the title; and can be purchased on Amazon or Eden, Books.

## CHURCH FAMILY NEWS

On December 22 we welcomed into membership **Colin & Kathleen MacKenzie**.

And on January 19, **Willie and Rhona Forbes** were also welcomed into membership.

Congratulations to **Frank & Joyce Steven** on the birth of their new grandson **Alec Francis Thorson Steven** to parents **Simon & Lisa Steven**. Alec was born on 28 December and weighed 9lb 1oz.

Congratulations to **Don & Hazel Ferrier** on the birth of their first grandchild, Marsaili Raine, to parents **Gary & Esther Ferrier** on January 9, weighing in at 8lb 13 oz.

Congratulations to **Don & Maarianne Macleod** on the birth of their first child, **Matthew Ian** on January 23, weighing in at 10lb 2oz. Let's

Don & Maarianne write:

We would like to take this opportunity to thank the leadership team and the congregation for their many prayers and supportive conversations during the years of waiting. God is so good. The text that the Lord gave us in the morning before Matthew's birth was from Matthew 7:7: 'Ask and it will be given you; seek and you will find; knock and the door will be opened to you'. Even if we find it difficult and scarring to go through life at times, God knows the best path for His people. Trust in Him! Praise the Lord!

Let's rejoice with these families and pray for them as they settle down to lives filled with the joys of parenting.

On January 19 the congregation said goodbye to **Andre and Andrea Greyling and their children Arno, Anika and Anya**, as they depart for a new life in New Zealand on January 24. We wish them every happiness in their new country.

**Fiona and Les Sarjeant** would like to thank warmly everyone who helped to make their 60th Wedding Anniversary such a very special time. May the Lord bless you all. (See also Page 28).

### **From Isabel and Oliver Vellacott:**

A massive thank you to all who provided meals for us . When feeling poorly the last thing you want to do is cook a meal - so to have lovely meals provided is wonderful and an example of true Christian love in action . We continue to live with cancer but walk with God . Thank you also for your continued prayers . Isabel & Oliver xx



**HIGHLAND FOODBANK:** from Lorna Dempster, Foodbank Manager  
For many people in our communities Christmas can be a difficult time of year, especially when income is so low that providing food becomes an issue. This past Christmas was no exception and each day we were providing food for an average of 30 people who were in crisis, from our Inverness Foodbank Centre alone.

We would like to thank **Culduthel Christian Centre** very much for the kind and generous donation of £258.02 following their Christmas Eve service. This support is really appreciated by all at Blythwood and particularly by those who use our foodbanks. Without this support, Blythwood care literally wouldn't be able to run the Foodbank project so thank you for your part in this.



**Monday - Friday 9.30am - 2.30pm**  
**Lunches from 11.30—2.30**



**Thursday February 6**  
**6.30 - 9.00pm**  
**Open Coffee Shop Night**



**CRAFTS AT CCC**  
**Next Craft Evening**  
**Tuesday February 11**  
**7pm—9pm**

**BLYTHSWOOD BOXES**  
For February we are looking  
for hats, scarves and gloves.

**THANK YOU**



## **MEN'S BREAKFAST**

**Saturday February 29**  
**8.30am at CCC**

**Speaker: Alan Imrie**  
Please let Danny know by 27th if  
you intend to be there

# CSW everyone free to believe

**Prayer meeting at CCC**  
**Wednesday February 19 at 7.30**

**Church World Service (CWS)** has a mandate to improve lives for the most vulnerable people in the world and this meeting led by **Ruth Donaldson, CWS Regional Lead, Scotland**, will focus on the work of CWS in China.

**A brief overview of the current situation is as follows:**

*The period between Christmas and New Year saw further human rights violations against religious communities, activists and lawyers in China, including arbitrary detention, harassment and restrictions on religious activities.*

*Elsewhere in China, churches reported that local authorities had warned Christians not to hold public gatherings to celebrate Christmas. On Christmas Day, authorities in Xining City, Qinghai Province, closed down a church of 300 members, cutting off the electricity supply and forcing worshippers to evacuate in the dark. Witnesses say the authorities in Qinghai have shut down religious venues on a large scale in recent years, including over 20 Christian groups in one year alone.*

*In the final days of 2019, at least twelve activists were detained, interrogated or disappeared in various provinces, apparently in connection with a small private gathering in Fujian earlier in the month. Several of the activists have since been released but others are out of contact, including Chinese human rights lawyer Tang Jingling, who was previously imprisoned for five years for 'inciting subversion of state power' in connection with his peaceful defence of human rights.*

*Reporting on violations of the right to freedom of religion or belief and human rights is extremely dangerous in China. Over the Christmas period, Bitter Winter, an online magazine on religious liberty and human rights in China, reported that 20 of their reporters remain in jail, some of whose whereabouts are unknown.*

**The purpose of the meeting is to get informed about justice issues in China; to learn about the work of CWS in China, and to watch a video about human rights in East Asia. There will be opportunity to ask questions and find out about how we can respond through prayer, campaigning and giving.**





## Can you help with Babysitting to enable parents/carers to attend our Alpha Courses and discipleship groups?

We are so encouraged that many people want to attend our various discipleship groups, Alpha courses and Bible study groups. To enable parents/carers to attend we are looking for some volunteers to offer some childcare / babysitting an evening a week and possibly some day time slots. You might be able to do this on a regular basis or occasionally as needed. If you feel called to serve in this way please contact our pastoral care co-ordinator Janet Logue to discuss this further. Furthermore, if you are a parent/carer who wants to attend one of our groups and are struggling for childcare please also speak with **Janet Logue** and we will see if we can help.



# Fun, Faith and Food for all Folk

Culduthel Christian Centre



activities



creative  
worship



food

**Saturday 7th March**

**Saturday 2nd May**  
**Saturday 6th June**

**4pm—6pm**

Messy Church is a church for adults & children to enjoy together,  
involving creativity, fun, hospitality and celebration.  
Please note children must be accompanied by an adult.



crafts



games



stories



Culduthel Avenue IV2 6AS



[www.culduthelchristiancentre.org](http://www.culduthelchristiancentre.org)



01463 222795



## ADVANCE NOTICE

**The dates of this year's HOLIDAY CLUB  
will be August 10 - 14.**



This is the last week of the school holidays. Please put these dates in your diary NOW if you are planning to be on the team!

## YFC team



The team that has visited our area to work in the IRA is coming again this year from **9th-13th March**. We are looking for people to host the team, which would involve offering bed and breakfast and perhaps a light supper and your wifi code. The team are kept very busy during the day and will be having dinner at CCC, and will be collected and dropped off at your home.

If you think that you could help please contact **Sheila Lauchlan** telling her what you can offer, e.g. one double, 2 single rooms etc and whether you have a pet. She will also need your post code which is used in the allocation of accommodation. Thank you.



On the 12 February, **Jamie Goudie and Joshua David** will travel with the Vine Trust to Tanzania, returning on the 24th February. The purpose of this trip is to work with partners in Tanzania to build houses for homeless families.

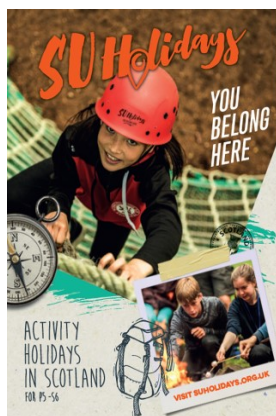
They are most grateful for all the support and encouragement they have already received from the CCC fellowship and now ask for your continued prayers while they are away, that they will be equipped to face the challenges ahead of them. Thank you.

Vine Trust School Expeditions are an opportunity for students to make a real and lasting difference to Tanzanian communities living in poverty. Working closely with their in-country partners, volunteers construct individual family homes and larger children's homes for some of the world's most vulnerable people - providing shelter, security and hope, and empowering communities to achieve a brighter future.

## CCC Garden Group

continues to meet on Fridays at 2pm. The first flowers are already in bloom! Any interested helpers are welcome for a time of fellowship and garden work. There are many different tasks to do at this time of the year, like tidying up, weeding, planting flowers, shrubs and trees and spreading wood chips ....No knowledge or skills are required. If you would like to come along on Fridays please contact **Anna Maria** on 07484 314842





**BOOKINGS  
FOR 2020  
EVENTS  
NOW OPEN**

[www.suholidays.org.uk](http://www.suholidays.org.uk)

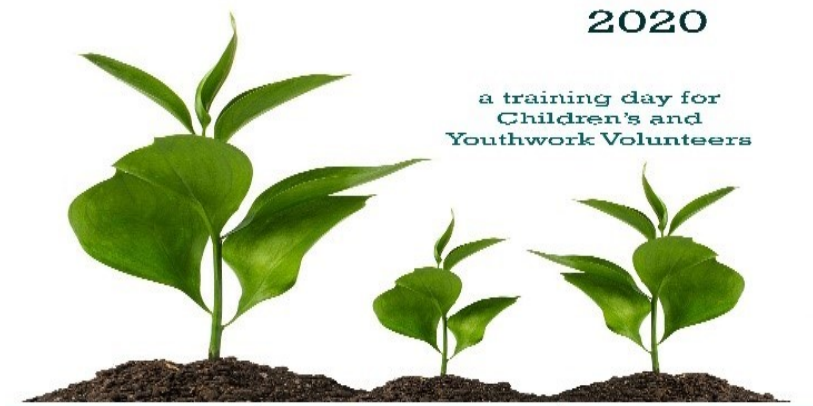
#youbelonghere  
#2020in2020

## **SU Holidays**

'Praise God for a great start to SU Holidays with over 450 bookings in the first week of 2020. We are keen to ensure that every young person has the opportunity to hear about SU holidays and has the chance to join in. More info at:  
[www.suscotland.org.uk](http://www.suscotland.org.uk)

# **GROW** 2020

a training day for  
Children's and  
Youthwork Volunteers



**GROW Training Event**  
**Saturday February 29**  
**9.30am - 4.00pm**  
**Culduthel Christian Centre**  
**Cost £8**

GROW is a training event filled with practical workshops for all volunteers who work with children and young people in Church Sunday Schools, youth groups, school SU groups, residential events and holiday clubs. To see full programme and to book visit  
[www.growconferencwww.co.uk](http://www.growconferencwww.co.uk)



**From the CAP Centre in Inverness**



### **CAP Prayer**

It was good to have an early morning session of prayer last week during CCC's week of prayer solely devoted to the work of CAP. It was very encouraging for those involved locally in the work of CAP. Please continue to remember in prayer all those in the team and particularly Allan Dunbar in his new developing role as CAP Ambassador.

### **CAP Money**

Pray also for Dale and Marjory who hope to hold a CAP Money course at CCC on Saturday 1st and 8th February for current and ex CAP client's.

Pray that there will be sufficient interest in this from clients in what will be a very worthwhile exercise for many of them to participate in.

### **CAP Support**

Praise God too for Tomasz and Aga who have volunteered to help as part of the CAP Support team here at CCC.

**The CAP Team:** CAP Ambassador: Allan Dunbar  
Debt Manager: Duncan Dundas  
Debt Coach: Colin Maclean  
Elder Support: Angus Jamieson

For information, please contact one of the above or a member of the team: Alison Jamieson, Catherine Gray, Elizabeth McGilvery, Marjorie & Dale Peterson, Tom Eglinton, Iain MacLelland, Terry Swann and Tomasz & Aga Grzegorzcyk.

**Next CAP Prayer Meeting  
12 Boarstone Avenue, Inverness  
Monday February 3 at 7.15pm**

## PROSPECTS HIGHLAND AT CCC



**Next Prospects meeting:**  
**Friday February 14 6.45pm - 8.15pm**

**Prospects Highland** is a dynamic Christian organisation working together with people with learning disabilities. There are over 1.4 million people with learning disabilities in the UK; they are in every parish and every community and they need to know that Jesus loves them.

**Prospects Highland** meets regularly in both Dingwall and Inverness for bible study, worship, prayer and friendship. We share a regular, non-denominational service where everyone is welcome.

**More info: contact Katie Adam on**  
**[katie@katieadam.plus.com](mailto:katie@katieadam.plus.com)**  
**or mobile 07799644367**



## BLACK ISLE FILLING STATION

**TUESDAY FEBRUARY 25**  
**GORDON MEMORIAL HALL**  
**ROSEMARKIE**



The speaker will be Craig McKay  
It will also be our 6th Birthday!

Craig runs his own architectural business and is the National Director for the Filling Stations in Scotland. Together with his wife Michelle, he also heads up the annual Refuel summer camp. There are over 100 Filling Stations in the UK and the aim is to encourage fresh spiritual life in the churches ....experiencing the presence and power of Jesus afresh...with worship, fellowship, fun and food.

**ALL WELCOME!**



## PRAYER CHAIN

People can phone to request **urgent** prayer.

The chain can be started by contacting  
**Margaret Maciver**  
on **01381 621758**

Confidentiality is assured between members.

## LISTENING EAR



**Thursdays**  
**at CCC from 10-12.30**  
Drop in on these days or  
email  
[listeningear@  
culduthelchristiancentre.org](mailto:listeningear@culduthelchristiancentre.org)

**Over 50s**  
**LUNCH CLUB**  
**Wednesdays at CCC**  
**12.30—2.00pm**  
**(during term time)**

Enjoy lively fellowship, with a hearty soup and crusty bread, dessert, tea/coffee, traybakes and a short talk.

**ALL WELCOME!**  
Suggested donation £3.  
Transport can be arranged.  
Phone 01463 222795

## WOMEN'S PRAYER & SHARE GROUP

**During term time, 1st & 3rd**  
**Wednesdays each month**  
**from 10.30am—12.00 pm**  
**In homes.**

Meeting for coffee, chat, thoughts and prayer time. Any ladies who would like to join the group would be very welcome.

Contact **Christine Dunbar**  
on **01463 235913**

**SATURDAY PRAYER**  
to simply **PRAY ...**  
**8.30am—9.30am at CCC.**

Come when you can,  
leave when you must.

**Contact: Kenny Mackenzie**  
email: [kenny@  
culduthelchristiancentre.org](mailto:kenny@culduthelchristiancentre.org)  
Mobile: 07905256859



**NOAH'S ARK TOTS**  
**on Tuesday, Wednesday,**  
**Thursday and Friday**  
**Mornings 9.45am - 11.30am**

If you have a toddler and would like to know other mums in the community, please email:  
**Joan Carson** Committee Chair

email: [tots@  
culduthelchristiancentre.org](mailto:tots@culduthelchristiancentre.org).



## PRAYER MEETINGS

The next Prayer meeting will be on  
**Wednesday February 5**  
Meeting at 7.30 for tea/coffee for 8.00pm start

## HOME GROUPS

**Home groups** are a great way to grow together in our faith, and to form friendships in the church family. Over 100 folk attend these groups. Fellowship, bible study, prayer, pastoral support, and fun are important aspects of our home groups, so do get involved! Many groups use social media to keep in touch, so it's easy to know what's going on.

Six of the groups meet on Wednesday evenings, alternating with the Wednesday prayer meeting. The Thursday group meets on three Thursdays out of every four. The leaders names, first venues, dates and times are in the church calendar on the members area.

If you would like to join a group, please contact  
**Jeff Howarth or Matt Alexander.**  
[homegroups@culduthelchristiancentre.org](mailto:homegroups@culduthelchristiancentre.org)

## LADIES BIBLE STUDY

Every Tuesday  
at 9.30—11.00am  
at Coffee Shop at CCC  
Studying **The Armour of God**  
by Priscilla Shirer  
**ALL WELCOME!**  
Contact **Alison MacKenzie**  
email: [alison2@culduthelchristiancentre.org](mailto:alison2@culduthelchristiancentre.org)

## MAYFIELD LODGE

**'CCC@Mayfield Service'**  
**Thursday February 20**  
**6.45pm - 7.30pm**

This is lively worship for the residents and they all welcome you to their home. They also have an open house on the last Thursday of each month from 1.30pm - 3.30pm. The residents bake for this and anyone is welcome to pop in.

Please pray for the team  
as we serve:  
Allan, Colline, Daniel, Jayne,  
Kenny, Marion, Suzie and Val -  
or come and join us!

## KNIT 'N' NATTER

Next meetings  
**Monday February 3**  
**(NB: note now 1st Monday)**  
**10.00am-12.00 noon**  
Cake & Chat  
Knitting for Blythswood Boxes



'Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and

always persevere for all the saints. Pray also for me that when I speak, a message may be given to me to make known with boldness the mystery of the gospel'

## **CHURCH FELLOWSHIP Prayer Focus**

### **Intercessions for February**

#### **Sunday (Worship)**

For worship which pleases the Lord. 'In Spirit and in truth', John 4:23  
For the teaching to feed and equip everyone in the fellowship.  
For lives to be transformed to the glory of God.  
For preachers and worship leaders to be guided, strengthened and protected.  
For all ages to grow together in our worship of God.

#### **Monday (Witness)**

Pray for 3 others in the fellowship in their "frontline".  
That we would live with integrity and Christ-likeness.  
For CCC Street Pastors as they care, listen and help on the street.

#### **Tuesday (Fellowship)**

For God to bind us together in love, unity and common purpose.  
For God to bless and grow the home group ministry.  
For growth in belonging and commitment to the local church.

#### **Wednesday (Discipleship)**

For growth in knowledge of Christ, the fruit of the Spirit and exercise of gifts.  
For the church ministry to equip disciples for fruitful service.  
For all those participating in the Alpha Course that started on January 28.

#### **Thursday (Children and Youth Ministry)**

Alison Shanks and all the volunteers in Kidzone; for Good News Club; the Youth Fellowship, and all our youth leaders.  
For the discipleship of our young people and plans to introduce mentors.

## **Friday (Leadership, Administration and Stewardship)**

Pray for our elders, deacons and their families.

Give thanks for God's faithfulness and provision for the work at CCC.

## **Saturday (Mission)**

For 'listening ear' ministry offering pastoral care to the community.

For all our CAP volunteers and the development of this ministry.

For the over 50s Lunch Club.

For our church centre and coffee shop as we engage with the local Community.

For Stoyan and Zhani and the churches they lead in Sliven, Bulgaria.

For our BMS Mission partners in Afghanistan and Nepal

## **Specific people to pray for in the Fellowship:**

**Bereavements:** We pray for Penny Houston and family in the loss of her father; for Andrew Moody and family in the loss of his father; for Christine Eglington and family in the loss of her mother, Jean MacGillivray; for Vanessa in the loss of her mother, Val MacLennan; and for Anna Mould in the loss of her sister-in-law, May. May God's peace and comfort surround all of them as they mourn.

## **Health concerns**

We pray for God's upholding of those of our fellowship with health concerns: Katie Adam, Jackie Barclay, Andrew Callanan, Rod and Christine Cameron, Nancy Cormack, David Fraser, Craig Ferguson, Steven Jackson, David Joiner, Alison Mackenzie, Jean MacGillivray, John McIver, Tracey Ross, Christine Shepherd, Derek Tulloch, Dorothy & John Watt, and Isabel Vellacott.

Please continue to pray for Tracey Ross as the Doctor's continue to look for causes for her ill health.

## **CARE - PRAYERS FOR SOCIETY**

[www.care.org.uk/resources/prayer](http://www.care.org.uk/resources/prayer)

## **February 2 - 16: Love our Schools Fortnight** ([prayforschools.org](http://prayforschools.org))

Lord of all knowledge and wisdom, please help our children – from nursery to sixth form – to benefit from their time at school. May they learn, be nurtured and encouraged, enjoy friendships and develop their gifts and interests. Amen.

Heavenly Father, please inspire many Christian parents, grandparents, staff, pupils and friends to pray for their schools regularly and offer practical support where needed, especially in this 'Love our Schools Fortnight'. Amen.

Dear Lord, thank You for Christians in chaplaincy roles in schools, colleges and universities. Please give them insight, patience, wisdom and love for the students and staff members they care for and open opportunities to share Your grace and truth. Amen.

God of love, please guide all who are involved in delivering Relationships and Sex Education in schools; that children may be informed and taught appropriately, and education authorities will recognise the benefit of consulting parents and respecting their concerns for their children. Amen.

Lord Jesus, You have deep compassion for those who need help. Please bless children and young adults with additional education needs because of a learning disability, life-limiting illness, physical impairment, or mental health issue. Amen.

**Lord, thank You** for every opportunity in the UK for children and adults to learn, develop gifts and skills and be part of a learning community. Please inspire those in authority to increase access to many kinds of education. Amen.

Father, we think of the millions of children in developing countries who are denied any education or can learn very little that would equip them for a fulfilling life. Please prosper every initiative to build and maintain good schools in such areas. Amen.

**February 10 – 16: ‘Children of Alcoholics Anonymous Week**  
(nacoa.org.uk)

**February 11 – 17: ‘National Marriage Week’**  
(marriage-week.org.uk)

Jesus, Your command is to love the Lord with all our heart, soul, mind and strength – and to love others as ourselves. Please forgive us when we fail, and help us to ‘see You more clearly, love You more dearly and follow You more nearly each day’. Amen.

Father, please reveal Your unconditional love to children whose parents struggle with alcoholism that prevents them from caring responsibly for their child. Help these children to find the support they need. Amen. (Nacoa Helpline: 0800 358 3456)

**February 11: SAFER INTERNET DAY ‘TOGETHER FOR A BETTER INTERNET.’**

Lord, we want children to benefit from the internet. We pray about cyber-bullying, danger from predators, access to pornography and gambling sites and other online risks. Thank You for initiatives that educate, equip, counsel and protect them. Amen.

Father, we remember the 100,000 children in local authority care, many of whom are waiting to be adopted or fostered. Please raise up more Christians willing to provide the security and acceptance that lies at the heart of true love. Amen. ([homeforgood.org.uk](http://homeforgood.org.uk))

### **February 14: St Valentine's Day**

We are so grateful Father, for Your gift of love. We celebrate relationships within families, among friends and towards our neighbours, wherever they may be. Above all, thank You for the love of Christ who laid down His life for us. Amen.

Jesus, 'Bridegroom of the Church', please bless engaged and newly-wed couples, those raising families, and partners in later life. Strengthen their love and commitment; that they may be especially wise and selfless in testing times. Amen.

### **February 16-22: The United Kingdom**

Father, please continue to bless and guide our Queen with wisdom and grace as she seeks to live out her Christian faith both in her service to this country and across the Commonwealth, and at home with her family and friends. Amen.

Lord, we intercede for Scotland as debates about the future continue in the Parliaments and across society. Please help those with strongly held views on constitutional matters to avoid serious division and discord; that justice and freedom might prevail. Amen.

God of righteousness and mercy, please speak to politicians and others about how to reverse the growing inequality between the UK's richest and poorest, that is impoverishing millions of people. Amen.

Lord, we bring You the ongoing situation in Northern Ireland where the absence of the Devolved Assembly at Stormont over the past years has led to many difficulties. Please raise up leaders of wisdom and integrity who can find lasting solutions that make for peace. Amen.

Holy Spirit, please increase faith, inspire compassion and instil hope in members of the UK churches that are stepping up to prayer, evangelism and community involvement during 2020. We long for Your power and love to bring healing and salvation to our land. Amen.

**Lord, thank You** for every benefit that has come from the union between England, Northern Ireland, Scotland and Wales for the last three centuries. Please grant wisdom to those considering further powers to the devolved Parliaments and Assemblies and the possibility of Scottish independence. Amen.

'... May they never lead this nation wrongly through love of power, desire to please, or unworthy ideals, but laying aside all private interests and prejudices keep in mind their responsibility to seek to improve the condition of all mankind'. Amen. (Prayer for our politicians, said before every House of Commons session.)

## **February 23-29: Speaking for the voiceless**

### **February 24 – March 8: FAIRTRADE FORTNIGHT:**

Cocoa, Women and a Living Income. ([fairtrade.org.uk](http://fairtrade.org.uk))

Thank You, Father, that You see the suffering and hear the cries of all who feel they are invisible and forgotten. Please grant that those who are speaking up for the disenfranchised, the destitute and the desperate will be heard and heeded. Amen.

Lord our Provider, we pray for cocoa farmers in West Africa – especially women, often overlooked and under-represented – who are unable to make a living as prices have been at crisis levels. May more of us switch to buying Fairtrade products where possible. Amen.

God of righteousness and truth, please bring to justice individuals, gangs, cartels, paramilitary groups, state sponsored organisations and governments that exploit those with no voice; denying their rights – through trafficking, slavery, addiction and other means. Amen.

## **LENT BEGINS**

Holy Spirit, as we approach Easter please inspire us with greater insight and gratitude for the amazing sacrifice Jesus made to redeem and save us. Help us therefore to act justly, love mercy and walk humbly before You, giving generously and speaking up on behalf of those in need. Amen.

Lord of life, we remember the over 200,000 unborn babies aborted in the UK last year, and the women who were involved. Please grant grace, courage and wisdom to those determined to speak out about this tragic situation. Amen.

Thank you Lord, for everyone who uses their position to demand justice and freedom for people who are persecuted for their faith and their stand for justice. Please protect and strengthen them and inspire many others to follow their example. Amen.

Father, please bring justice to the 240 million children affected by conflict; enduring violence, displacement and exploitation. May freedom and restoration come for the estimated 30,000 child soldiers recruited in 17 countries. Amen.

## FINANCIAL UPDATE FOR NOVEMBER DECEMBER 2019

### November 2019

CCC Income £18766  
CCC Expenses £18669

Coffee shop/functions £3811

These figures do not include capital repayments on our interest free loan.

### December 2019

CCC Income £19199  
CCC Expenses £18322

Coffee shop/functions £2777

Offering at the **Community Carol Service** was allocated equally:

Gift to **Street Pastors** £258.02

Gift to **Highland Foodbank** £258.02

### Gift Aid forms

If you give to CCC through the Gift Aid scheme (other than those who have completed a gift aid form this tax year ie since 6 April 2019) please let Duncan Dundas have another completed gift aid form by 5/4/2020. These can be downloaded from our website. Paper copies can be provided by Duncan if requested. This will assist in keeping our records up to date.

If anyone currently is a UK taxpayer and doesn't give through the gift aid scheme and would like more information again please see Duncan.

## CHURCH FAMILY ANNUAL WEEKEND Friday to Sunday, 13-15 March at Faskally House.



A un and inspiring weekend of fellowship, bible study, worship, testimonies, good food, sports, games, walks and relaxation. It's great for children and adults alike to spend this time together. Theme: **"The praying life: connecting with God in a distracting world."** Guest speaker: **Roy Searle**.

Roy is an evangelical Baptist Minister but has been used by God to teach on prayer and mission across all the denominations. He has a heart for the prayer, unity, discipleship and evangelism.

**85 people are already signed up! So don't delay ...**

Booking at <https://culduthelchristiancentre.churchsuite.co.uk/events/astwsvx0>



## Mission Support Team

There is an opportunity for someone to join the Mission Support Team who has a particular interest in serving the church in this way. Please speak to a member of the team to find out more. Members are: **Katy Dobson, David Goudie, Dale Peterson, Doreen Campbell, and Jenny Wilson.** We are also keen to hear from anyone who is involved in short-term missions so as to be able to provide support and encouragement.

## Our BMS Mission Partners

### Phil and Liz in Afghanistan

The family moved at the end of 2017 to a city in the north of the country after worsening security in the capital, and have now found a house to rent there and are settling into life there. Phil works in project management and is also acting finance director. They have recently been given a grant from the UK government for maternal health development in some of the communities where they are working. His work also involves travelling to Kabul for one week a month and they are asking for prayer for them in their times apart and for safety as he travels. Liz is trained as a paediatric nurse; however she is involved just now in teaching at the expat school that Rachel attends. She is also running first aid training for other expatriate staff and for local staff, and has also just started work one day a week in a local maternity hospital. The children Rachel (6) and Zach (2) are settling in well to their new life, after a lot of transitions this past year. Rachel has started at the small expat school and is making friends, and a local lady is childminding Zach a few mornings a week. They have asked for prayer for peace and stability in Afghanistan, and for more workers to be called to go out to Afghanistan.

If you would like to read their blog please see a member of the Mission Support Team, as those details can't go in the newsletter.

### Simon and Wendy Hall in Nepal

In summer 2016 they moved to Besi Sahar, a remote village in the district of Lamjung. Until then they were teaching in Kathmandu International Study Centre for several years. They are now involved in educational and IT projects in Lamjung and are feeling at home now in their new village. Their home is in a compound of about 20 local people who they are getting to know well and sharing daily life together. They have a 1 year old daughter. They are asking for prayer for building relationships in their community, and for fruit in the projects they are involved with in the schools there.

Read more at their blog at <https://thenepalhalls.wordpress.com/>



## Open Doors World Watch List 2020

World Watch List shows that Christian persecution is getting worse. Every January, the latest World Watch List is published. It ranks the 50 countries where it is most difficult to follow Christ- where our brothers and sisters face persecution from the state, from their families and from outside attack. 260 million Christians live in these 50 dangerous countries - 15 million more than in the previous year.

### WHERE IS THE MOST DANGEROUS PLACE IN THE WORLD TO FOLLOW JESUS?

North Korea is number one on the Open Doors World Watch List for the 19th consecutive year. It's where there is no higher authority than the ruling dictatorship of the Kim family. It's where there is no safety in numbers - you never know who might be a spy. It's where simply owning a Bible is enough evidence to detain you - and your family - in a brutal labour camp for life. It's difficult to overstate the reach of North Korean authorities and the obedience and leader worship they demand - the whole country is deliberately controlled through an atmosphere of intense fear. Despite the darkness, there is hope! The underground church is growing, and one secret Christian has shared his vision: "One day the borders will open and we will unite with the South Korean and the Chinese church to bring the gospel to some of the darkest places on this earth."

#### A prayer for North Korea:

Heavenly Father, we thank You for Your faithfulness to believers in North Korea, that despite the persecution, they are not abandoned. May You strengthen, equip and bless them to live as Your witnesses and be lights in the darkness. Help them to walk in Your victory, and so draw others to Jesus. Amen/

20's and 30's



*Find us on Facebook – CCC 20's and 30's,  
or email [youngadults@culduthelchristiancentre.org](mailto:youngadults@culduthelchristiancentre.org)*

### Up coming events

**Saturday 22nd February Walk-location tbc.**

Further details will be available on the facebook page soon  
or contact **Katy Dobson on 07539225547**

**7.00pm: Games night at Russell and Katy's.**



**The Diamond Wedding of  
Les & Fiona Sarjeant  
A very special occasion ...**

## **MAYBE**

This may be the last day  
I can show you I love you,  
The last day ever  
To say that I care.  
It may be the last day  
I can be tender,  
Gentle and patient  
with all that you bear.  
It may be the last day  
To sit back and listen,  
Put my arms around you,  
Squeeze your hand tight.  
It may be the last day  
We talk through our worries,  
Then both look to God  
To give us **His** light.  
This may be the last day  
We share life on earth,  
Here in this place  
In the pure mountain air.  
It may be ....  
Dear Lord, please help me  
To live each day  
As if it were! Fiona Sarjeant



## **Prayer for the Body of Christ**

(Source unknown. Based on verses from Ephesians, Colossians & 1 Thessalonians).

Father, we come before you in the Name of Jesus, and we thank you for the Body of Christ, your church here on earth today. We believe according to your powerful and living Word, that in the Body of Christ, everyone's heart is strengthened by your Word. Help us to be knitted together in love and always abound in the work of the Lord. Help us to be rooted and built up in the Word, established in the faith and overflowing with thanksgiving.

Because we are risen with Christ and seek those things which are above, where Christ sits at the right hand of God, help us to set our affection and our minds on things above, not on things of earth. Help us not to be governed by our feelings but be moved by the Word of God and may we operate in the principles of the Kingdom of God, so that we may be recipients of your provisions.

Fill each one with the knowledge of God's will in all wisdom and spiritual understanding. Help us to live a life worthy of the Lord that we may please Him in every way; being fruitful in every good work and growing steadily in the knowledge of God.

In this community and across this land, help every believer, as God's chosen people, holy and dearly loved, to put on compassion, kindness, humility of mind, meekness and patience. Help us to love one another and forgive one another as Christ forgave us. And above all these virtues, enable us to put on LOVE (1 Corinthians 13:4-7), which binds them all together in perfect unity; and may the peace of God rule our hearts.

Help us let the Word of God dwell in us richly with all wisdom, and whatever we do in word or deed, help us to do all in the name of the Lord Jesus.

Help us in this local part of the Body of Christ to be wise in the way we act towards outsiders, making the most of every opportunity, letting our speech be always gracious, seasoned with salt, that we may know how we ought to answer everyone.

Throughout your church in this land, may the Word of God have free course and be glorified. Deliver us from unreasonable and wicked people. Let no evil be in our midst and no plagues come near us, for God's angels have charge over us to keep us in all our ways.

May the Body of Christ in the Highlands grow in one accord in the ministry of prayer without ceasing and service. Every time we, your people, gather together, help us to have the mind of Christ.

Father, thank you for your bountiful mercy and grace towards us. Thank you, Lord, for your invitation to come in confidence to your throne for mercy. Amen.

Contributed by Sheila Ball.

## A Poem

based on Colossians 5: 1-5

You tell me I am getting old, but that's not really so;  
The house I live in may be worn and that of course I know.  
It's been in use a good long while and weathered many a gale,  
I'm therefore not surprised to find it's getting frail.

You tell me I am getting old, you mix my house with me;  
You're looking at the outside, that's all that most folk see.  
The dweller in this little house is young and bright and fine,  
Just starting on a life that lasts through long, eternal time.

The colour changing of the roof, the windows looking dim,  
The walls a bit transparent and getting rather thin.  
The foundation's not so steady as once it used to be  
And that is all that you observe, but it's not really me.

I patch the old house up a bit to make it last the night,  
But soon I shall be flitting to my home of endless light.  
I'm going to live for ever there, my life goes on, it's grand;  
How can you say I'm getting old? You do not understand.

These few short years can't make me old, I feel I'm in my youth.  
Eternity lies just ahead, full life and joy and truth.  
We will not fret to see this house grow shabby day by day,  
But look ahead to our new House which never will decay.

I want to be made fit to dwell in that blest House above,  
Cleansed in the precious Blood of Christ and growing still in love.  
The beauty of that glorious Home no words can ever say,  
'Tis hidden from these mortal eyes, but kept for us some day.

My home is getting ready in the Land beyond the sky,  
Its Architect and Builder is my Saviour now on high;  
But I rather think He's leaving the furnishing to me,  
So it's 'treasure up in Heaven' I must store each day, you see.

Contributed by Eleanor Tweedie, who found this poem amongst her mother's possessions after she had died.

## CCC EVENTS CALENDAR

If you plan to book an event, please check booking calendar before setting events to ensure that you are not clashing with another church/community booking.

Booking to be done through Marion McInnes at  
**[bookings@culduthelchristiancentre.org](mailto:bookings@culduthelchristiancentre.org)**

## CHURCH WEBSITE

Our church website has recently been refreshed. The members' page and ChurchSuite login can now be found under '**Resources**'.

There is also a link to the members' page in the footer.

The sermons can also be found under '**Resources**'.

### WANT TO RECEIVE EMAIL UPDATES FROM CCC?

Please log into My ChurchSuite and review the "My Details" section, which shows a summary of the contact information that CCC holds about you on our database. This information is only visible to you, unless you choose to set any of your contact details visible to others in the church through your privacy settings.

If you wish to receive the CCC weekly email, and you are currently not receiving it, you will need to go to the Communication tab in My ChurchSuite. This is where you will manage your communication preferences - opting in or out of receiving general church communications and/or rota reminder communications. Please remember that opting out will prevent our church leaders from being able to keep in touch with you by these methods, meaning you may miss out on important church communications.

## LISTEN TO SUNDAY SERMONS

All Sunday sermons are available to listen to or download from the church website: **[www.culduthelchristiancentre.org](http://www.culduthelchristiancentre.org)**

If you would like a CD copy of Sunday sermons, or DVD of whole service, please contact **Frank Steven**:

**[e:recordings@culduthelchristiancentre.org](mailto:e:recordings@culduthelchristiancentre.org)**  
**or 01463 242811** (please leave message).

Cost: CD: £1/DVD:£5 (Money used to buy blank CDs and DVDs)

The next Newsletter will be out on **SUNDAY MARCH 1 2020**

Please submit items covering the month of **March 2020**

**NO LATER THAN WEDNESDAY February 19**

to Gill or Jenny on [e:publicity@culduthelchristiancentre.org](mailto:e:publicity@culduthelchristiancentre.org)

## ROTA FOR FEBRUARY

Rota Date	Feb-02	Feb-09	Feb-16
Service Leader AM	Allan Dunbar	David Goudie	Norman Cordiner
Preacher AM	Alasdair Macleod	Alasdair Macleod	Angus Jamieson
Service Leader PM	Duncan Dundas	Jonathan Dunbar	Allan Dunbar
Preacher PM	Matt Alexander	Alasdair Macleod	Angus Jamieson
Sung Worship Leader	Ali	Hazel	Morag
Church Lock Up	David Johnston	Robbie Ross	Alan Imrie
Welcome Team Morning	Allan, Norman	James & Liz	Allan, Sally
Welcome Team Eve.	Dale & Marjorie	James & Liz	Allan, Catherine
Creche	Liz C*, Suzie D	Marilyn R*, Joan C	Pat J*, Suzie D
	Lucy L, Catherine Griffin	Jenny C, Jodie F	Mairi S, Russell D
AV Audio	Bobby	Frank	William
AV Computer	Iain	Colin	Alan
AV Camera	John	Martin	Jim
Cheshire House	Kirsteen Adams	George Mackenzie	George Mackenzie
Mhairi's Transport	Alison Macleod	James and Liz, Dale & Marjorie (Return)	Angus & Alison
Prayer Team	Alison M & Christine D	Christine M & David J	Janet & Duncan
Collections	Duncan & Philip K	Luke M & Arnold	Ian M & Alan Brown
Coffee AM	Christine & Doreen	Christine & Marjorie C	Christine & Erica
Coffee PM	Liz C & Christine E	Catherine G & Flo	Alison J & David M
JYF (Bible Class)	Angus & Alison	Angus & Alison, Luke & Joanna	Mike & Mary
Youth Fellowship	Muschates	Houstons	Mentor Meetups
Notes			Communion Evening
Rota Date	Feb-23	March-01	
Service Leader AM	Alan Cuthbert	Jeff Howarth	
Preacher AM	Alasdair Macleod	Alasdair Macleod	
Service Leader PM	Ebbie Meiselbach	Matt Alexander	
Preacher PM	Jeff Howarth	Alasdair Macleod	
Sung Worship Leader	Ali	Hazel	
Church Lock Up	Russell Dobson	Jonathan Dunbar	
Welcome Team Morning	Allan, Pat	Allan, Janetta	
Welcome Team Eve.	Allan, Pat	Allan, Janetta	
Creche	Jenny S*, Abigail M	Liz C*, Suzie D	
	Alison Crowe, Megan B	Lucy L, Catherine Griffin	
AV Audio	Bobby	Frank	
AV Computer	Graeme	Iain	
AV Camera	John	Sue	
Cheshire House	Kirsteen Adams	Fearghas MacFionnlaigh	
Mhairi's Transport	Alison Macleod	James & Liz	
Prayer Team	Sheila & Martin	Alison M & Christine M	
Collections	Graeme C & Dale	James C & John Grant	
Coffee AM	Christine & Flo	Christine & Mary Gordon	
Coffee PM	William & Elizabeth	Janetta & Pat	
JYF (Bible Class)	Mike & Mary	Angus & Alison	
Youth Fellowship	Macleods	Hamiltons	
Notes			

**Service leader: Pastor Alasdair Macleod**

e:alasdair.macleod@culduthelchristiancentre.org

**Prayer Team: David Johnston**

e:david@culduthelchristiancentre.org

**Welcome Team, Lock Up, Cheshire House or AM Coffee Rotas:**  
**Christine Cordiner on 01463 236060**  
**PM coffee Rota: Pat Johnston**

## CHURCH CONTACTS

**Pastor: Rev Alasdair Macleod also an Elder**

Church Office: 01463 222795

alasdair.macleod@culduthelchristiancentre.org

### ELDERS:

**Allan Dunbar** - also **Pastoral Care**

t: 01463-235913 Mobile: 07761283905

e: allan@culduthelchristiancentre.org

**Norman Cordiner** t:01463-236060

e: norman@culduthelchristiancentre.org

**Duncan Dundas** also **Church Treasurer**

t: 01463-798944

e: duncan@culduthelchristiancentre.org

**Angus Jamieson**

t: 01463-240548 Mobile: 07801533094

e: angus@culduthelchristiancentre.org

**Matt Alexander** t: 07531717337

e: matt@culduthelchristiancentre.org

**David Goudie** t: 07585554026

e: davidg@culduthelchristiancentre.org

**Kenny Mackenzie** t:01463 225436

e: kenny@culduthelchristiancentre.org

**DEACON (Children): Alison Shanks**

e: alison@culduthelchristiancentre.org

**DEACON (Facilities):**

**Bobby Mackenzie**

e: bobby@culduthelchristiancentre.org

**DEACON: (Youth)**

**Helen Moss**

e: yf@culduthelchristiancentre.org

**CHURCH SECRETARY:**

**George Mackenzie** t: 07801 357154

e: secretary@culduthelchristiancentre.org

**CAP MINISTRY:**

**Allan Dunbar** Mobile: 07761 283905

allandunbar@capuk.org

duncandundas@capuk.org

colinmclean@capuk.org

**CATERING:** Vacant

**CCC ADMINISTRATOR:**

**Jenny Sinclair** t:01463 222795

admin@culduthelchristiancentre.org

**CCC PUBLICITY:**

**Gill McWhirter:** Newsletter

e: publicity@culduthelchristiancentre.org

**CHILD PROTECTION: Alison Macleod**

e: alison.macleod@

culduthelchristiancentre.org

**COFFEE SHOP**

Janetta Howarth t: 01463 222795

e: janetta@culduthelchristiancentre.org

e: janetta@culduthelchristiancentre.org

### COMMUNITY WITNESS & OUREACH TEAM:

**Angus Jamieson**

e: angus@culduthelchristiancentre.org

**CRECHE CO-ORDINATOR:**

Joan Ross t: 07815445469

e: creche@culduthelchristiancentre.org

**KIDZONE: vacant**

**DIGITAL COMMUNICATIONS**

William Hamilton: m: 077779341742

e: digital@culduthelchristiancentre.org.

**DISCIPLESHIP TEAM:**

e: alpha@culduthelchristiancentre.org

**FACILITIES MANAGEMENT:**

**Norman Cordiner** t: 01463-236060

e: norman@culduthelchristiancentre.org

**FUNCTIONS TEAM LEADER:**

**Marion McInnes**

e: bookings@culduthelchristiancentre.org

**HOME GROUPS: Jeff Howarth**

e: homegroups@culduthelchristiancentre.org

**LISTENING EAR: Janet Logue**

listeningear@culduthelchristiancentre.org

**MEN'S MINISTRY: Danny Muschate**

t: 01463-238176

e: men@culduthelchristiancentre.org

**MISSION SUPPORT TEAM: Katy Dobson**

e: mission@culduthelchristiancentre.org

**PA TEAM:** incl sound and audio/visual

**Bobby Mackenzie**

e: bobby@culduthelchristiancentre.org

**PASTORAL CARE TEAM:**

allan@culduthelchristiancentre.org

alasdair.macleod@culduthelchristiancentre.org

**PASTORAL CARE CO-ORDINATOR**

**Janet Logue**

e: janet.logue@culduthelchristiancentre.org

m: 07741284817

**PRAYER MINISTRY: Duncan Dundas**

e: duncan@culduthelchristiancentre.org

**SERMON RECORDINGS: AUDIO/DVD**

**Frank Steven** t: 01463-242811

e: recordings@culduthelchristiancentre.org

**STUDENT CONTACT:**

**Dale & Marjorie Peterson**

e: students@culduthelchristiancentre.org

**SUNG WORSHIP TEAMS: Hazel Ferrier**

e: worship@culduthelchristiancentre.org

**YOUNG ADULTS: Hannah Alexander**

e: youngadults@culduthelchristiancentre.org



The **Alpha Course** started on 28th January and runs for 10 weeks. **Where?** At 7.15pm at CCC, where we eat food together and then watch a short video and have some chat about it.

Alpha is ideal for people who want to explore the big questions in life. No previous knowledge of the Bible is needed and people with little or no church experience find it especially helpful. Over 27 million people have done the course.

**IT IS NOT TOO LATE TO REGISTER**

Contact [alasdair.macleod@culduthelchristiancentre.org](mailto:alasdair.macleod@culduthelchristiancentre.org)  
or telephone 01463 222795



**is on SATURDAY MARCH 7**